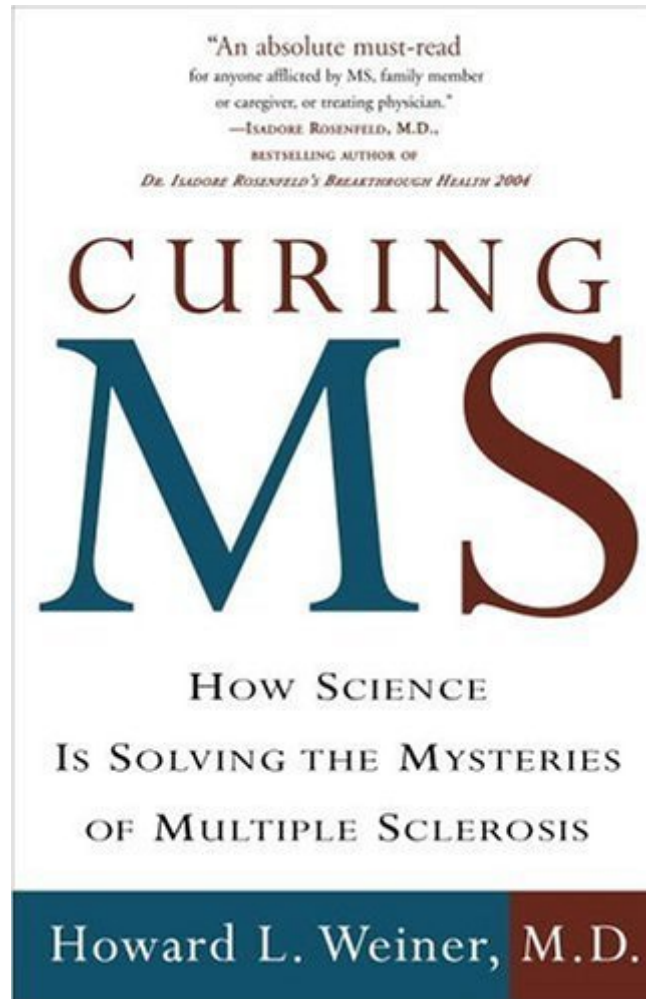


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# Curing MS: How Science Is Solving The Mysteries Of Multiple Sclerosis



## Synopsis

What causes multiple sclerosis? When will there be a cure? Dr. Howard Weiner has spent nearly three decades trying to find answers to the mysteries of multiple sclerosis, an utterly confounding and debilitating disease that afflicts almost half a million Americans. Curing MS is his moving, personal account of the long-term scientific quest to pinpoint the origins of the disease and to find a breakthrough treatment for its victims. Dr. Weiner has been at the cutting edge of MS research and drug development, and he describes in clear and illuminating detail the science behind the symptoms and how new drugs may hold the key to "taming the monster." From the "Twenty-one Points" of MS--a concise breakdown of the knowns and unknowns of the disease--to stories from the frontlines of laboratories and hospitals, Curing MS offers a message of hope about new treatments and makes a powerful argument that a cure can--and will--be found. From the Hardcover edition.

## Book Information

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## Customer Reviews

After living with MS for eighteen years, I have learned more about the disease I am fighting from reading this book than from any other source of information I have read over the years. Dr. Weiner's

writing style was informative, as well as personal and humane. Dr. Weiner pointed out the reality of the disease yet made the reader aware of progress that has been made in MS research during the last thirty years. His optimistic, yet reality based writing allowed me to enter his personal life, to catch a sense of how driven he is to find the cure for MS. I encourage anyone who has MS or family and friends of a person with MS to read this book from cover to cover.

I just finished reading, *Curing MS*, and truly enjoyed it. I rarely read anything about science and have never taken a biology course, but Weiner made the subject very understandable. One of the best things is the way he would periodically repeat certain facts and concepts so I didn't have to go back and look them up. I felt like I was learning things as I went, and when I got to the chapter on the twenty-one points, I realized that I knew quite a bit. For me, the most interesting part (along with the extraordinarily complex and diverse way that MS manifests itself in individuals) was the discussion of the "business" of medicine -- the intense competition somehow coupled with amazing amounts of cooperation. This is quite a journey Weiner has undertaken and he let's us see both the rewards and the frustrations. Because the book is written from a personal point of view, it gives a human face to medicine that I found both reassuring and moving.

My husband has MS and I have read several books now on the subject. This book is great at taking the reader through the process of drug trials and telling them exactly what did not work. The author packs it full of extraneous details like what people were wearing and how often they stopped to take a sip of water. There is no mention of alternate therapies that might be beneficial in the treatment of MS, just drug trials. The author repeats details frequently like he expects people to pick up the book and to begin reading it at some chapter in the middle rather than reading it from cover to cover. If you are looking for a book that offers hope I suggest you skip this one and check out *Reversing Multiple Sclerosis* by Celeste PePe, D.C., N.D.

This book never once mentioned Word One about the impact of diet and nutrition in treating Multiple Sclerosis. Not Once!! I am a firm believer, (based on my own personal experiences with changing my diet and the PROFOUND impact it has had on managing my MS and vastly improving my physical, mental and emotional well being), that diet and nutrition play a pivotal role in treating MS and turning around the outcomes of patients suffering from the ravages of this disease. This book focused solely on medical treatments, and never once made mention about how the foods we put into our mouths can greatly affect our health, ....both good and bad. My soon-to-be former MS doctor

can object all he wants to about this point of diet's impact on medical outcomes, but I strongly defend my stance on the dietary choices I've made to treat this disease, versus injecting my body with dangerous chemicals that do NOTHING to treat the disease....only serving to stop further disease progression. So any book, no matter how old it is, that does not mention or discuss such crucially important factors as the impact of diet and nutrition on medical outcomes, is not worth the cost of the paper it took to print the book!

I read this book and feel I have learned much about the disease MS. I understood what I was reading as it is written so that a person with no medical background can understand the disease and its treatments. What I enjoyed most from this read was it had a very human side. It has a story format and introduces you to patients, and you get to know them and their struggles with the disease, their approaches to new and experimental treatments and you follow through with them and find yourself rooting for them. Thank you, Dr. Weiner for writing a book that combines both learning and emotion.

When you have a disease like MS. You are always looking for an answer. An answer to why my body has betrayed me and is there hope for a better life. When I saw this book, I was curious. It wasn't until I received it that I saw that this book was published in 2004. I was so disappointed. The author is a medical doctor. I was surprised to see that he discusses using Chemo for those with MS. I have been reading studies from Europe going on right now using Chemo. Dr Weiner was beyond his time. I hope he is still looking for a cure. The book has a lot of information in it but I felt it is more geared more toward physicians rather than the patient.

Dr. Weiner writes in an entertaining, story-telling format. Being one of the premier physicians in this field, it is interesting to read the stories in his book. It is not the typical format for MS coping books, that examines typically symptoms, treatments, coping, etc. The reader interested in the most up-to-date information on drug trials should probably visit internet sites such as the National Multiple Sclerosis Society. In order to get a better understanding of the processes behind the research, this is an excellent book! Worth the price, new.

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